TNGS Clubs

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| **No.** | **Name** | **Brief** | **Max No.** | **Day** | **Venue** | **Cost** |
|  | The Writers Avenue  (Poetry&Prose) | **The writer Avenue Club** is to equip children with the skills that will enable them to go as far as writing a play script of a school production, get acquainted with the different genres of English and Literature such as non-fiction, fiction, and poetry. Writing skills are promoted through an interactive, collaborative & creative environment.  First and foremost it is a wonderful way for your child to use their creative mind and use their imagination. It develops their creativity as well as their thought processing skills, allowing them to think outside the box and push their ideas.  With any creative activity comes the opportunity for self-expression. Some children have over active imaginations whereas others struggle to express themselves, creative writing is a safe, comfortable form of self-expression for any child.  Creative writing is a fun and enjoyable way for kids to practice their grammar and punctuation and they probably won’t even realize. | 10 children  (Y 3-9) | Monday | Year 6 | 90,000/= |
|  | Do it Yourself (DIY)  And Product Development  (Club) | The club is about making things that we otherwise would have bought. The making of the variety of things will sometimes require **reuse** or **recycling** of other material. Ultimately, the children will be equipped with skills in making certain things like rugs, décor material and others by themselves. Children will learn that they don’t always have to buy everything when they can make them themselves, and at a **cheaper** price.  **Product Development**  Learners make available resources to make their own marketed products | 18 Children | Monday | Year 2 | 100,000/= |
|  | Aerobics | **1. Better cardiac function:** The heart gets more blood per beat. That means that the heart rate is reduced in times of relaxation and during the exercise  **2. Weight loss:** During exercise the body burns fat and as a result the total body fat is reduced.  **3. Improving mental health:** Regular exercise releases the endorphins, the natural painkillers of the body, which among other things reduces stress, anxiety and [**depression**](http://www.manageyourlifenow.com/Manage-and-Overcome-Your-Depression).  **4. Helps the immune system:**Numerous studies have shown that people who exercise regularly are less prone to mild viral infections such as [**colds**](http://www.manageyourlifenow.com/10-Simple-Ways-to-Cure-Cold) or flu. | 10 Children  Yr 6-9 | Monday | Year 7 | 80,000/= |
|  | Code (KS2&3) | Pupils explore their computing skills. It is designated for strictly coding activities and children are exposed to general literacy skills. Children will get an opportunity to learn about robotics programming, games programming, mobile apps and lots more. | 14 Children (Yr 4-9) | Monday / Tuesday | Computing Room | 80,000/= |
|  | Spelling Bee | The spelling Bee club is all about children having fun and being comfortable to spell as many words as possible that will not only enrich their vocabulary but enable them to also express themselves appropriately in their writing. The Spelling Bee is to help students improve their spelling, increase their vocabularies, learn concepts, and develop correct English usage that will help them all their lives. | 10 Children  (Yr 1-6) | Tuesday | Year 6 | 85,000/= |
|  | Debating | To those with a truly open-mind, debates can broaden and deepen reasoning and communicating skills. They can enhance the ability to think and communicate clearly and quickly.  Debates help sharpen communication skills – you can learn to say more with fewer words | 10 Children  Yr 5-9 | Tuesday | Year 7 | 140,000/= |
|  | Sports KS1 | Varied sports such as Athletics, Football, Basketball, depending on the term. Polish sports skills and prepare for competitions  Ping pong: Exercise and fitness | Yr1-3 | Tuesday | Open Space | 100,000/= |
|  | Salsa | Salsa club is about nurturing and exploring children’s creative, imaginative and expressive ability, all through quality art, dance and language programs. Our programs take the children’s age into account by offering training in basic art and dance principles through to more advanced principles as the child grows older.  Two dances shall be taught per term; one at a time until the children master it before we move on to the next.  Fun-tivities would run this club. | Yr 1-9 | Tuesday | Open Space | 100,000/= |
|  | Performing Arts (Drama) | The Performing Arts Club enables children to explore their own cultural values and those of others, past and present. It encourages them to think and act creatively, thus developing critical thinking and problem-solving skills that can be applied in all areas of learning. In addition this club will be very vital in the prior preparation of students as they prepare for school productions. It also gives children opportunities to explore, discuss and deal with difficult issues and to express their emotions in a supportive environment. Drama Club: This club will host, nature and initiative high level performance exceptionally representative of the theatrical world. Productions will mostly be stirred by each individual's track of IMAGINATION and CREATIVITY. Guided supervised will be given by the Drama Trainer. For each year, this club will mount a grand Production from a scripted play. By nature, both Music and Dance will be incorporated. | 20 children | Thursday | Year 7 | 90,000/= |
|  | Code (KS1) | Pupils explore their computing skills. It is designated for strictly coding activities and children are exposed to general literacy skills. Children will get an opportunity to learn about robotics programming, games programming, mobile apps and lots more. | 14 Children  (Yr 1-3) | Thursday | Computing Room | 80,000/= |
|  | Chess | Reasoning | Yr 5-9 | Thursday | Chessboard Area | 80,000/= |
|  | Music | This is to help students retain and enhance their own, individual love of music. The club is about singing and learning while having fun. | Year 1-9 | Thursday | Music Room | 80,000/= |
|  | Karate | To enforce discipline, reasoning, self-defence. | Yr 1-9 | Friday | Open space | Uniform 50,000/=  Book 20,000/=  Tuition 120,000/=  Registration and Grading 25,000/= |
|  | Sports KS2 & 3 | Varied sports such as Athletics, Football, Basketball, depending on the term. Polish sports skills and prepare for competitions  Ping pong: Exercise and fitness | Yr4-9 | Friday | Open Space | 100,000/= |
|  | Jewel Making  and embroidery | Jewel picking as well as putting the beads on strings is re-enforcing the child's fine motor as well as creating a good piece of fashion jeweler to wear at home. The club gives children an opportunity to develop their creative, imaginative and artistic skills.  Embroidery encompasses the strengthening of coordination, academic, emotional and artistic skills. Skills learned from embroidery also nurtures creativity and ingenuity. It gives children the ability to have the resources to tackle D.I.Y. projects. | 14 children | Friday | Year 4 | 80,000/= |
|  | Home Economics | Home Economics builds on the pupils' knowledge of different forms of home life and on their immediate experience of making choices in relation to the organisation of their own lives. Emphasis is on management, creativity and living skills. This is to ensure that the young person taking the course will be equipped for personal independence and able to take shared responsibility in the household and community in which he or she lives. | 10 Children | Friday | Dining and Kitchen | 150,000/= |
|  | Bible Study | For children to grow in faith. | Yr 5-9 | Lunchtime | Year 2 | 20,000/= |
|  | Instruments  (Individual lesson) | Improve playing instrument. Individual lesson facilitated by a teacher from Kampala Music School. | Yr 1-9 | Lunchtime | Music teacher to arrange | 140,000/= |
|  | Interact | Take action to make a difference in their school and community  Discover new cultures and promote international understanding  Become a leader in their school and community  Have fun and make new friends from around the world | 20 Children | Lunch time | classroom | 80,000/= |